

CSK Students can freeze their monthly membership for the summer and get their Martial Arts lessons done in Summer Camp! Leaving your evening free for Summer fun activities!

Jumpin' JAX
Bounce & Party Center

2012 Summer Camp Program Information

Program Director

Nicole Bilgere

515-2272 or 515-5818

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Educational Field Trips:

Weekly Library: Sump Memorial

Planetarium: Uno

Museums: Children's , Sarpy, Cass

Field Trips:

Zoo, Fontenelle, Lauritzen Gardens, Memorial Stadium, SAC, Skating, Bowling, Hiking, Parks

Fitness Related Activities

Fitness Classes: Nicole Bilgere

Cardio Kickboxing

Yoga

Circuit

Bounce Arena

Swimming: Sarpy YMCA

Swim Lessons : Sarpy YMCA

Martial Arts Instruction Champion Sport Karate

Michael Bilgere 4th Degree Black Belt

Nicole Bilgere 3rd Degree Black Belt

Drop off times:

7:00 am to 9:00 am, field trip departure times may start as early as 9:00 am. Please call in advance if your child will arrive after 9:00 am. Early Drop offs can be accommodated if necessary.

Pick up times:

4:00 pm to 5:30 pm, field trips my return as late as 4:00 pm. Please call in advance if your child will be picked up before 4:00 pm. Late pickup fees after 5:30 pm will be \$5 every 15 minutes. \$5 will be the minimum charge. 1/2 hr. bounce passes are available (10 passes for \$29)

Your child will only be allowed to be picked up

by the authorized person listed on your registration form. You must sign in and sign out your child daily.

What to bring:

- Morning & Afternoon Snack
- Water bottle/ drinks
- Change of clothes
- Sunscreen
- Indoor Socks
- Swimsuit & Towel
- Lunch
- Shoes & Socks (check schedule for field trips that require hiking and wear shoe's not sandals)
- Book/workbook
- Reading books for the week

What not to bring: Activities Include:

- Toys & Electronics

When to stay

home:

- Excessive coughing
- Fever
- Sore throat
- Pink Eye
- Diarrhea or vomiting
- Lice
- Any contagious disease or symptoms

Special Notes:

If you have a family Zoo pass, Y membership, Childrens Museum, membership to Fontenelle please submit copy with registration.

Field trips every day! We try to take the kids out of the facility once per day for 2 to 3 hours. While in the facility we have many educational and fitness based programs that each child will participate in including Martial Arts, Fitness classes and Bounce sessions.

Swim Lessons: 2 per week if signed up for. Optional program.

Swim Lessons are a separate program and you must sign up for this. We will be transporting the kids to the Sarpy Y for the lessons. Discounts are available to YMCA members. We will have free swim time once per week at the Y that is separate from this program.

What to leave in child's basket for the week or the entire summer: Change of clothes, socks, sunscreen, water bottle to fill, Martial Arts clothes/uniform.